



## Why Study NTR Abroad?

"Studying abroad in Uruguay, I had the opportunity to make friends with people from all over the world who studied a wide range of different subjects. It challenged me to open my eyes and to get on the Internet in the mornings to read about what was going on in the world. In essence, this study abroad experience opened my mind to a whole new realm of education.

I also had the opportunity to take a Community Service class, in which

I helped implemented an after-school program. A part of this program was focused specifically on Nutrition. Studying abroad is an experience that you absolutely cannot receive confined to the borders of the United States."

**-Kelsey Griffith**

*Nutrition Major*

*Studied Abroad in Uruguay*

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# Human Nutrition Study Abroad



Kelsey Griffith visiting the Iguazu Falls in Argentina during her semester abroad.

## Nutrition Major Specifics:

### *When is the best time to study abroad?*

Finding the most appropriate program as well as the best time to go often depends on academic background, concentration, and certain pre-requisites. Thus it is important to begin planning your study abroad experience early. While every student's situation may vary, NTR students typically study abroad during the fall of their Sophomore or Junior year or during the spring of their Junior year.

### *What courses should I take abroad vs. at UNCG?*

Students are encouraged to take a variety of NTR, GEC, and elective course while abroad. Also, be sure to explore chemistry (CHE) courses and programs in order to maximize your study abroad options. Students should keep in mind that the wellness concentration tends to be more flexible, whereas the dietetics concentration tends to be more structured. Thus it is important to speak with NTR and IPC advisors early to create the best possible plan for your particular situation.

**Fall of Sophomore year:** while abroad, be sure to take the equivalent of CHE: 103 or 104 and a variety of GEC courses.

**Fall of Junior year:** while abroad, be sure to take the equivalent of NTR: 413, CHE: 205 or 206, and a variety of other courses

**Spring of Junior year:** while abroad, be sure to take the equivalent of NTR: 531 and a variety of other courses

### *Do I need to know a foreign language?*

Although there are no language requirements, the department highly recommends students consider taking a foreign language and culture course while abroad. This will enhance the experience and benefit students personally and professionally.

## Can I Afford It?

Yes! On semester or year-long exchange programs, students pay regular UNCG tuition and fees. Housing and meal costs are typically equivalent to a semester in residence at UNCG. Any financial aid received at UNCG can be applied to the program costs. In addition, students are eligible to receive travel grants to help offset the costs of airfare.

## Getting Started!

IPC is dedicated to finding the right program for each student, and our huge array of partner universities allows us to do just that. **Call (336) 334-5404 or stop by 207 Foust to schedule an appointment with a study abroad advisor.** This will provide you with more information on appropriate programs, finances, application procedures, and more.



Kelsey Griffith at a coffee shop overlooking Val Paraiso, Chile, during her semester abroad

### *Other benefits...*

Simply studying abroad in any country waives a Global marker, and depending on the program, a Global Non-Western marker. Speak to NTR and IPC advisors for more details.

Call or stop by our office!  
Voice: 336.334.5404  
Fax: 336.256.8509  
<http://studyabroad.uncg.edu>

International Programs Center  
The University of North Carolina at Greensboro  
207 Foust Building  
Greensboro, NC 27402-6170

# Human Nutrition

## Featured Exchange Programs\*

### **AUSTRALIA**

#### **Edith Cowan University**

ECU offers courses in their nutrition department, including nutritional assessment, exercise nutrition, community nutrition, controversies in nutrition, food habits and trends, and more.

[www.ecu.edu.au](http://www.ecu.edu.au)

#### **Deakin University**

Students at Deakin can take nutrition courses in areas of food processing; health and commercial considerations; development, manufacture and marketing of individual food products; human nutrition and the complexity of current issues, and more.

[www.deakin.edu.au](http://www.deakin.edu.au)

#### **The Royal Melbourne Institute of Technology**

RMIT offers a food technology and nutrition program with focus on the science of large-scale food manufacturing and making it safe and nutritious to meet consumers' needs.

[www.rmit.edu.au](http://www.rmit.edu.au)

### **NEW ZEALAND**

#### **Massey University**

The degree in human nutrition at MU covers many disciplines including nutrition, physiology, biochemistry, microbiology, behavioral sciences, public health, and sport and exercise.

[www.massey.ac.nz](http://www.massey.ac.nz)

### **BOTSWANA**

#### **University of Botswana**

UB offers a range of nutrition courses in its home economics program, including: nutrition in the life cycle, clinical nutrition, issues in food nutrition, food laws and regulation, community nutrition, and nutrition and sports performance.

[www.ub.bw](http://www.ub.bw)

### **CHINA**

#### **Chinese University of Hong Kong**

CUHK offers coursework in the areas of food product development and quality control, food processing technology, food safety, food service systems, dietetics and nutritional science, combined with an understanding of the sociological, psychological and economic factors that affect people's food habits.

[www.cuhk.edu.hk/fns/eng/index.htm](http://www.cuhk.edu.hk/fns/eng/index.htm)

### **SOUTH KOREA**

#### **Yonsei University**

Located in Seoul, YU's Nutrition department offers courses in basic and applied sciences, including food sciences, food and nutrition for physical fitness, nutrition and health, among others.

[www.yonsei.ac.kr/eng/index.asp](http://www.yonsei.ac.kr/eng/index.asp)

### **TURKEY**

#### **Yeditepe University**

Located in Istanbul, students can study a variety of courses at YU, including: nutrition ecology; principles of nutrition; health education; food chemistry and analysis; nutrition in childhood diseases, among others.

[www.yeditepe.edu.tr](http://www.yeditepe.edu.tr)

### **UNITED KINGDOM**

#### **University of Trinity Saint David**

Located in Wales UT offers an extensive program in health, nutrition, and lifestyle, which offers courses in health promotion, nutrition for health, science of nutrition, and more.

[www.trinitysaintdavid.ac.uk/en](http://www.trinitysaintdavid.ac.uk/en)

#### **The University of Ulster**

Located in Belfast, Northern Ireland, UU offers courses in consumer marketing, entrepreneurship, statistics and microbiology, food safety management, health promotion, and nutrition education, food biotechnology, sport and exercise nutrition, among others.

<http://prospectus.ulster.ac.uk>

#### **Manchester Metropolitan University**

Located in Manchester, England, MMU's impressive nutrition program offers courses in physiology, food composition, human metabolism, new food product development, food quality, sports nutrition, and more.

[www.mmu.ac.uk](http://www.mmu.ac.uk)

### **MALTA**

#### **University of Malta**

UM, located in Msida, Malta, an island in the Mediterranean, offers a comprehensive new program in applied food and nutritional sciences. Students can take courses in a range of disciplines in the scientific, technological, and health areas in food and nutritional sciences. Also available are courses in food strategy, policy, and planning.

[www.um.edu.mt](http://www.um.edu.mt)

### **URUGUAY**

#### **Universidad Catolica del Uruguay**

UCU offers an extensive program where students can take courses in a wide range of nutrition and science coursework. A minimum of SPA: 301 is required.

[www.ucu.edu.uy/Default.aspx?tabid=601](http://www.ucu.edu.uy/Default.aspx?tabid=601)

**\*\*NOTE:** In order to maximize your study abroad options, please also explore chemistry (CHE) programs at <http://studyabroad.umcg.edu>.

\*While these are featured programs for the Department of Human Nutrition, students are by no means limited to these opportunities. For all available programs, please visit <http://studyabroad.umcg.edu>.