

Why Study Abroad?

"I learned not only what I am capable of — which exceeded my expectations of myself but also what pushes the line for me and what I cannot tolerate. It was a great internal recognition. My best advice is to go in head first and have no regrets!"

> -Jennifer Beynon Communications Studies Major Linnaeus University, Sweden

"Studying abroad is one of the most amazing experiences you will ever have! You will learn more about yourself than you ever imagined possible. You will laugh, cry, sing, dance, play, and get tested in ways you never could have, had you not left the borders of the United States."

> -Michael Wells Anthropology Major Yeditepe University, Turkey

"I was able to teach Nutrition, in Spanish, to children between the ages of 10-14 years and witness first hand how health is viewed in a developing country. This is an experience that you absolutely cannot receive confined to the borders of the United States."

-Kelsey Griffith Human Nutrition Major Universidad Catolica del Uruguay, Uruguay





Do I Need to Know a Foreign Language?

While studying abroad is an ideal time to complete foreign language requirements or learn a new language, most of our international partner programs offer extensive coursework in English available to exchange students in most majors.

Will I Graduate on Time?

YES! students receive UNCG credit for classes taken abroad, so there is no need to prolong graduation — *you can still graduate on time!*

Can I Afford It?

YES! On semester or year-long exchange programs, students pay regular UNCG tuition and fees. Housing and meal costs are typically equivalent to a semester in residence at UNCG. Any financial aid received at UNCG can be applied to the program costs. In addition, students are eligible to receive travel grants to help offset the costs of airfare. Be sure to review the budget sheet and speak to an IPC advisor.

Other Benefits...

Simply studying abroad in any country waives a Global marker, and depending on the program, a Global Non-Western marker. Studying abroad is an experience of a lifetime, and you will learn so much about other cultures, other people, and most certainly, you will learn so much about yourself!

Eligibility Criteria...

Participants must be fulltime students in good academic standing (about 2.75 GPA). Further requirements include support from your department and prior approval for courses taken abroad. All exchange program participants are required to attend pre-departure orien-(336) 334-5404 or stop by 207 Foust to ule an appointment with a study advisor. This will provide you with information on appropriate program es, application procedures, and more.

tation sessions covering academic, administrative, health, financial, and cultural information necessary to prepare for a successful experience.

When Should I Apply?

The Fall and Academic Year application deadline to IPC is February 15th. The Spring application deadline is September 15th.

When Can I Study Abroad?

The best time to study abroad differs depending on your major. Talk to the study abroad coordinator in your department and to an IPC advisor. Generally, students study abroad during their Sophomore, Junior, and Senior year. Students have the option of studying abroad during their fall semester, spring semester, throughout an entire academic year, or during the summer.

What's Special About UNCG's Programs?

Rather than signing up for preset programs, students work with academic advisors to create tailor-made study plans with their goals in mind. Our programs become an integrated part of a student's path to graduation, rather than an "extra" tacked on.



Getting Started!

IPC is dedicated to finding the right program for each student, and our huge array of partner universities allows us to do just that. **Call** (336) 334-5404 or stop by 207 Foust to schedule an appointment with a study abroad advisor. This will provide you with more information on appropriate programs, finances, application procedures, and more.

Call or stop by our office! Voice: 336.334.5404 Fax: 336.256.8509 http://studyabroad.uncg.edu International Programs Center The University of North Carolina at Greensboro 207 Foust Building Greensboro, NC 27402-6170

Community and Therapeutic Recreation Featured Programs

AUSTRALIA

With their rugged landscape and outdoor lifestyle, its no surprise that multiple universities in Australia offer programs in Exercise and Sports Science (ESS), Outdoors Education, and/or Occupational Therapy (OT). Here are some selected examples;

Australian Catholic University

ACU offers extensive OT and ESS programs. The OT program includes courses in recreational therapy, evidenced based teaching, and research and program design. The ESS program focuses on the benefits of exercise and a healthy lifestyle in the contexts of elite sport, recreational physical activity, community health, and well being. More info here and here.

Edith Cowan University

ECU in Perth offers degrees in Occupational Therapy, Exercise and Sports Science, and Exercise Science and Rehabilitation. They offer multiple course options across these degrees that coincide with UNCG requirements. More info <u>here</u>, <u>here</u>, or <u>here</u>.

Federation University Australia

FedUni , located outside of Melbourne, offers multiple programs in Exercise Sciences, Health Science, Sport Management and Outdoor Education. More info <u>here</u>.

James Cook University

JCU offers multiple degrees in its Study Area of Healthcare Sciences, meaning students have a variety of courses to choose from for their UNCG requirements. More info <u>here</u>.

University of Canberra

At Canberra, students can take a variety of courses under their Health and Sport study area. More info <u>here</u>.

University of Western Sydney

The ESS program at UWS combines studies in exercise physiology, sport and exercise psychology, biomechanics, motor control, and exercise prescription. The OT program focuses on individual client needs within their physical and cultural environment. Both majors can include fieldwork. More info <u>here</u> and <u>here</u>.

Deakin University

Deakin offers an undergraduate program in Occupational Therapy. The program offers introductory course, research and evidence based practices and occupational therapy across the lifespan. <u>More info</u>

CANADA

Brock University

BU's program in Recreation and Leisure Studies has course offerings for both Therapeutic Recreation and Community Recreation and Events Planning concentrations. Courses cover research and program design, theory and practice, assessment, leisure for older adults, and courses in management. <u>More info</u>

CHINA

Chinese University of Hong Kong

CUHK's Department of Sports Science and Physical Education offers various courses such as sports administration and marketing, exercise physiology, sports psychology, sports management, sports pedagogy, health and fitness, and test and measurement. <u>More info</u>.

SOUTH AFRICA

University of Botswana

The university of Botswana has an undergraduate program in Physical Education, offering courses such as community recreation, recreation and leisure, and issues in sports, and recreation. <u>More info</u>.

University of Stellenbosch

Stellenbosch offers an undergraduate program in Occupational Studies. The curriculum emphasizes work in a community setting and a holistic view of occupation , which includes social and emotional aspects of occupation. The program also offers courses on rehabilitation . <u>More info</u>

SWEDEN

Linnaeus University

LU offers multiple course options in their combined department of Caring Sciences, Sports and Health, from individual health options to the role of sports in culture., or even outdoor sports in the Swedish landscape. More info <u>here.</u>

Malmo University

Students will find a range of courses studying subjects such as Gender and Sports, Sports Psychology, or Outdoor Pedagogy, in the Faculty of Education and Society. More info <u>here</u>.

UNITED KINGDOM

Keele University

KU offers courses in rehabilitation and physiology at their School of Health and Rehabilitation. More info <u>here</u>.

Plymouth University

At Plymouth, students can take diverse course under theier Hospitality, Tourism, Sport and Leisure major, or under their Health Professions and Therapies major. More info <u>here.</u>

University of Hull

Hull offers a Sport, health and Exercise Science degree in state-ofthe-art facilities <u>More info</u>

University of Ulster

At UU in Ireland, students can take courses offered by the undergraduate program in Leisure and Events Management. <u>More info</u>

University of Trinity St. David

Trinity's program in Outdoor Education prepares students for careers in education, recreation, community development, adventure tourism, and/or environmental sustainability. <u>More info</u>

*While these programs are featured options for students wishing to fulfill CTR requirements abroad, students are by no means limited to these opportunities. For all available programs, please visit http://studyabroad.uncg.edu